

HEALTHY WASHINGTON COUNTY
January 3, 2017 – 10:00 a.m.
Meeting Held at Washington County Health Department

- Members Present: Lorenz Bonner, WCHD; Cherie Clippinger, Family Healthcare of Hagerstown; Paul Frey, Chamber of Commerce; Dory Kennedy, Right at Home; Rod MacRae, WCHD, Co-Chair, WCHD; Lisa McCoy, UM Extension; Mary McPherson, WCHD; Theresa Messer, Johns Hopkins HealthCare; Curt Miller, Brook Lane Health Services; Elaine Rose, WCHD; Allen Twigg, Meritus Medical Center, Co-Chair, Susan Walter, Tri-State Community Health Center; Jon Watkins, Frederick County Wellness Committee; Wendy Zimmerman, Meritus Medical Center/Parish Nursing Program
- Welcome/Introductions:
 - Welcome by Allen Twigg. Self-introductions were made.
- Old Business:
 - Community Health Needs Assessment (CHNA) Priorities
 - A CHNA is facilitated every three years with the goal to help improve the health of people living in Washington County. A “Facts and Conclusions” sheet was distributed to the members re: the FY2016 Community Health Needs Assessment.
 - Discussion on forming subcommittees to address the top six health priorities needs as determined by the assessment. After discussion, it was decided to address the six priorities as follows:
 - Chronic Disease Subcommittee, chaired by Mary McPherson, to address health priorities: 3. Diabetes and 6. Heart disease and hypertension.
 - Mental Health Subcommittee, chaired by Curt Miller, to address health priority 2. Mental Health.
 - HEAL of Washington County representation will address priorities 1. Obesity and physical inactivity and 4. Healthy lifestyles (diet and exercise).
 - Washington County Overdose Fatality Review Team and Project Act Now members, i.e., Tammy Keener, Victoria Sterling, and Elaine Rose, will report on priority 5. Substance abuse.
 - Elaine will develop a Survey Monkey for Healthy Washington County members to indicate if they would like to serve on either, or both, of the Chronic Disease and Mental Health Subcommittees.
 - 1422 Grant (diabetes and hypertension) update (Mary McPherson)
 - The first quarter for year three of the grant just ended.
 - Partnering with Family Healthcare of Hagerstown’s dental clinic to monitor hypertension for their patients. They were given two of the BP monitors that were purchased through the grant. There were 100 monitors purchased with grant monies.
 - Conduct NDPP train-the-trainer classes during the second quarter of the grant year.
 - Involve businesses with the NDPP classes, as there will be reimbursable services beginning January 1, 2018. You must be providing the classes a minimum of one year prior to January 1, 2018, to qualify for the reimbursement at that time. Mary said that the Chronic Disease Subcommittee could address NDPP with businesses, which would be a measurable process; it could be promoted on the Healthy Washington County website.

- Discussion on NDPP being partnered with Living Well. Mary would like to move in that direction.
- New Business:
 - Data Collection – subcommittee to be formed
 - Tabled until next meeting.
- Community Partner Announcements:
 - AHEC West (Melissa Clark via email)
 - Working on grants.
 - Will soon start recruitment for Exploring Careers in their Health Occupations Summer Program.
 - Right at Home (Dory Kennedy)
 - An in-service on medication administration and management will be conducted on January 24; CECs will be offered.
 - A monthly coffee talk will be held in January.
 - Johns Hopkins (Theresa Messer)
 - Johns Hopkins Community Physicians office is now offering walk-in hours to compete with urgent care facilities and pharmacies, which helps to keep people from going to urgent care and the ED.
 - Chamber of Commerce (Paul Frey)
 - Eggs & Issues to be held on January 11, 2017, at the Academy Theater. Sheriff Mullendore will be the guest speaker with the topic to be the Day Reporting Center.
 - The kickoff for the Healthy Business Initiative will be held on January 18, 2017, at the Washington County Health Department. The goal is to have 50 businesses registered into the program.
 - Brook Lane (Curt Miller)
 - Youth mental health class to be conducted on January 17 and an adult mental health class to be conducted on February 22. Elaine will email everyone the information.
 - Meritus (Allen Twigg)
 - Allen's Administrative Assistant, Julie Lough, has retired; his new assistant is Michelle Phillips.
 - Allen asked that if anyone knows of someone who should be part of Healthy Washington County and currently is not, to please invite them to attend the meetings.
 - Dr. Anteneh Zenebe is a new endocrinologist who has started with Meritus Health. Dr. Zenebe earned his medical degree from Addis Ababa University in Addis Ababa, Ethiopia. He completed both a residency in internal medicine and a fellowship in Endocrinology, Diabetes, and Metabolism at Howard University Hospital in Washington, DC. Dr. Zenebe is board certified in internal medicine and endocrinology by the American Board of Internal Medicine. Dr. Datta also joined the practice. The practice currently has three physicians and two nurse practitioners.
 - Dr. Bhandari, a psychiatrist, will join Meritus in May to provide adult outpatient services.
 - Parish Nursing (Wendy Zimmerman)
 - Met with Holy Cross to talk about data collection and outcome measures.
 - Washington County Health Department (Lorenz Bonner)
 - Conducting a program for monitoring blood pressures, e.g., faith-based groups, etc. Blood pressure monitors are distributed to an interested organization. The

organization appoints someone to coordinate the program and maintain the monitors; participants are kept confidential by being assigned an ID rather than using their names on the data sheets. The program ends in March

- Family Healthcare of Hagerstown (Cherie Clippinger)
 - Procured a second mobile dental unit to serve area schools.
 - Hired a new PA, Jodi Mayo.
 - Dental staff is attempting to identify clients with HIV and will provide data.
 - Conducting a wellness initiative with employees, e.g., contest for how many fruits and vegetables they eat, how many times they go up and down the steps, etc.
 - Tri-State Community Health Center (Susan Walter)
 - Conducting Living Well screening.
 - The Pennsylvania site is working with a diabetes educator at their hospital in Fulton County to develop another program that will provide data and will also help people in Hancock.
- Adjournment: Meeting adjourned at 11:40 pm
- Next Meeting: March 7, 2017, 10:00 am, Washington County Health Department, 1302 Pennsylvania Avenue, Hagerstown, 2nd floor auditorium