

Health Washington County

Tuesday January 7, 2020

10:00-12:00

Washington County Health Department

Meeting called and Facilitated by Earl Stoner and Allen Twigg, Co-Chairs

Minutes taken by: Katie Dayton

Present (per sign in sheet): Angie Auldridge, Hagerstown Community College; Margaret Biscarr, PepsiCo; Jared Blakeslee, WCHD; Fallon Crist, The Mental Health Center; Melissa Dasch, Turning Point, Way Station Inc; Katie Dayton, Community Member AFSP volunteer; Cindy Earle, Meritus Medical Center; Paul Frey, Chamber of Commerce; Kimberly Holtz, The Mental Health Center; Janice Howells, Washington County Public Schools; Nefertiti Jean-Baptise, Connector Entity; Deb Lehr, Meritus Medical Center; Holly Luther, WCHD Behavioral Health; Curtis Miller, Brooklane Health Services; Melissa Minotti, Johns Hopkins School of Public Health; Kim Murdaugh, Family Healthcare of Hagerstown; Hannah Person, Washington County Health Department; Ashley Petrolino, University Systems of Maryland at Hagerstown; Joni Rampolla, Giant's Martins; Jessica Siegrist, HEAL of Washington County; Shelley Steiner, Hospice of Washington County; Earl Stoner, Washington County Health Department; Cynthia Terl, Wells House; Allen Twigg, Meritus Medical Center; Courte Van Vorhees, United Way of Washington County; Bernadette Wagner, Prime Time for Women; Wendy Zimmerman, Meritus Medical Center; Barbara Williams, YMCA; Anna Shao UMD Horowitz Center for Health Literacy.

Participating Via conference call: Tiffany Rexrode, Washington County DSS; Amy Riley, City of Hagerstown

The meeting began with Allen Twigg reviewing the goal and mission of the Healthy Washington County coalition. The group then went around and completed introductions and discussed one good thing that had happened, or will be happening in the upcoming new year, either one a personal or organizational level.

Presentation:

Maryland Diabetes Action plan: Presented by Earl Stoner

Earl began discussing the Diabetes Action plan and had been sent out to the members of the committee already. The program is a signature program, and the State is requesting to see actionable outcomes from the local health coalitions. Healthy Washington County is considered a Tier 2, and will have to have a well defined structure, such as bi-laws or scope of work. Rod has drafted a version of Bi-laws and will send them out to the group for feedback. The second requirement is to implement one of the Statewide proposed actions. This has to have an actionable strategy and a measurable population, clearly identified partners and a budget to support the plan. The budget will come from funding from the Community Health Resource Commission. Earl asked if the group could familiarize themselves with the information sent out and asked the Chronic Disease sub-committee group to take the lead. The group has been forward thinking, but there may be some changes needed to be made, especially to

remain competitive for the funding. Tier 2 groups are expected to begin implementing components of the state plan already in order to access funding. Send any comments on the Bi laws to Rod McCrae or Allen Twigg before the March meeting.

Introduction of the new President and CEO of Meritus Medical Center: Maulik Joshi, Dr.P.H.

Would like to work with developing strategic plan and goals for the upcoming decade, by using the quadruple gain: Improve Healthcare; Improve Health; Make Healthcare more affordable and efficient, and enjoy the workplace and work being done. Over the next couple months, a bold goal will be set. Some examples can be 0 infections within a hospital stay, or 0 patient harm. In health, work on starting a list of bold health goals that Meritus could contribute to, such as 0 suicides, 0 overdoses, 50% less new cases of diabetes. Will reach out to community and members of HWC to contribute to help identify these goals.

Washington Co. Community Solutions Hub: Presented by Allen Twigg, Keith Fanjoy, and Courte Van Vorhees

Keith gave a history of how the solutions hub came as a vision and where the idea to develop a community hub for resources and data came from through the history of SanMar work. How does an organization with resources to identify an area of need that could use additional supports and overlapping need for resources? How to ensure that data was being collected accurately and being maintained consistently. Identified vendors that had the ability to maintain this information, and purchased a subscription from Conduent Healthy Communities Institute, with information specific to Washington County. This information can be used to identify factors to collaborate around needs to help build a healthy community. This information is accurate, and can be specified from county wide, down to specific communities, by zip code.

The website is hosted on the United Way of Washington County website, and can be found at <https://www.unitedwaywashcounty.org/communitysolutionshub>. Please think about information that could be useful to be added to the website, because this information can be added to make it even more functional and useful. There was a video presented on how to use the site and can be seen when clicking on “learn more” from the main website.

One for Good, Project Management and Funding: Presented by Maggie Biscarr

One for Good is a group of companies that work to leverage locations as hubs for community health and wellness information dissemination and partnering with community public health groups. There will be continued project management support from Oliver Weinman, and a new project manager will be starting soon.

Healthy Washington County Business Challenge: Presented by Hannah Person

Information can be found under Health Resources on the Healthy Washington County website. Started Jan. 1st and runs through June 30th, and is meant to be used as a way for using the workplace as a way to promote wellness and health.

Healthy Washington County Action plan

The action plan was passed out at the meeting, and would like that the members of the HWC to think about thinking about how the information and data will be collected for the outcomes identified, and would like to use the action plan as a framework for providing updates by the subcommittee reports. Would like to review progress and changes to the plan at the meetings every other month at the HWC meetings. Challenged each of the subcommittees to identify one bold goal that can be measured over the next three years. Workgroup members and contact information will also be added to the action plan. There will also be some discussion of how to map source of the data to the output of the action plan in order to improve the validity of the information. There is the potential to track outcomes as directly related to specific behavioral actions. Allen asked each work group to think of a long term overarching goal for each work group.

Subcommittee Reports:

Behavioral Health:

Cynthia passed out flyers for upcoming events hosted by the various groups involved with the behavior health work group. There is an upcoming Suicide prevention and awareness network annual summit, being held at the Washington county board of ed. Any provider is welcome to attend, and we are looking for data collection, as well as programs that could be built through this data that may be beneficial for the community.

There are also upcoming trainings, such as SafeTalk training on April 9th, and a clinician-based training on April 15th and 16th. The group is also in the process of beginning a photo-based program called PhotoVoice, which is stemmed at decreasing the stigma surrounding mental health and substance abuse disorders. Melissa sent around a sign-up form for people who would be interested in attending a train the trainer meeting in order to host the activity within individual programs. There is discussion to bring these photos in various locations in order to help open the conversations around photos being presented. The train the trainer for PhotoVoice will be held on January 22nd. Also, if anyone has a space that would be willing to host the photo exhibits please let Curt know.

Wellness:

Subcommittee will meet every other month. The last meeting was meant to finalize action plans and looking at upcoming events. Upcoming dates for train the trainer for the Chronic Disease self-management program and diabetes management program were finalized and are March 8, 11, 12, 13th with diabetes crossover on March 19th. The meetings will be held at the commission on aging. Hoping there will be a minimum of 8 trainers involved in the trainings. There is a commitment of 1 workshop a year. There was also left-over money at the end of the year from one for good, so t shirts are available to be handed out to spread the word for the one for good cause.

Health Management:

Health management did a phone meeting, and developed measures for outcomes for the action plan. Looking for someone who can call all the providers on the list and compile the data to ensure the data is being collected consistently. Allen volunteered a resource to help with the data collection, but a permanent has not been identified at this point.

Community updates

2019 Martins food stopped selling tobacco products

Jersey Mikes is having a fundraiser for Washington Goes Purple, and every donation goes back to Washington Goes Purple, and this is a new partnership.

There is a large community training, on April 9th by the Bester Community for Hope training, a flyer about the event was passed around.

There is a vendor resource list being compiled by Deb Lehr at Meritus, so please email her to be included.

Please make sure contact information is provided if you would like to receive minutes and updates on the upcoming Healthy Washington County meetings and events.

Next meeting will be March 3rd at 10am at the Washington County Health Department.