

# Recognize stroke and

# BEFAST:



**B** - Balance/unsteady gait/dizziness



**E** - Eyes: Vision changes



**F** - Face drooping



**A** - Arm weak/numb



**S** - Speech difficulty



**T** - Time to call 911

  
**Meritus**  
Medical Center

**Stroke is an emergency. Call 911 right away.**