



Healthy Washington County Meeting Minutes

Healthy Washington County Meeting	
Date & Time	January 5, 2021 / 1000 am – 1130 pm
Location	Webex
Attendees	Allen Twigg, A. Petrolino, Barbara Williams, Brooke Kerbs, Christie Staubs, Deb Lehr, Dianna Gaviria, Douglas Spotts, Danielle Stahl, Hannah Person, Heather Guessford, Jocelyn Hauer, Joelle Butler, Julie Teter, Katherine Liu, Kim Murdaugh, Lisa McCoy, L. Wilson, Maulik Joshi, Melissa Minotti, Janice Howells, Rick Rock, Rya Griffis, Sara Bush, Ursula Guillory, Valerie Guyer, Vicki, Holly Luther, Wendy Zimmerman, Jeanette Brill, Vickie Leach, , (4) unidentified on phone
Guest	Jennifer McNew
COVID-19/Vaccine County Update Danielle Stahl	<ul style="list-style-type: none"> ➤ Washington County currently highest in the state of Maryland for: <ul style="list-style-type: none"> ○ Positivity rate 17.32% vs. 9.19% MD ○ Case rate 97.98 vs. 44 MD per 100k ➤ Wash Co. has 159 deaths due to COVID ➤ 1A Healthcare workers & Nursing Home Residents are currently being vaccinated as the priority; 1B has yet to be defined by Maryland; awaiting Gov. Hogan’s update this evening; ➤ Meritus in partnership with the Health Dept. has vaccinated 2,071 people in Wash. Co.; this number doesn’t include skilled nursing facilities or vaccination numbers given by CVS/Walgreens ➤ 2 COVID Vaccines approved Pfizer & Moderna; both mRNA that code for spike protein which is the protein on the COVID virus; both require 2 doses; Pfizer 2nd dose at 3 weeks given to 16 years old and up, Moderna 2nd dose at 4 weeks given to 18 years old and up ➤ Research still being done on whether the vaccines prevent infection as well as prevent transmission; vaccinated individuals are still recommended to continue social distancing and masking precautions ➤ Few severe allergic reactions have happened; Few minor reaction to vaccine include: injection site pain, headaches, fever, chills, fatigue, muscle aches & joint pain; ➤ Q&A <ul style="list-style-type: none"> ○ https://www.washco-md.net/coronavirus-info/vaccine/ webpage is being updated regularly with what phases, who is allowed, and where to receive vaccines as well as other important information ○ Are there any projections about when vaccines will be

<p>Human Trafficking-Local Update Jennifer McNew</p>	<p>approved for children? No projections currently; Vaccines are approved for as young as 16 depending on the vaccine. There is current research for both vaccines down to age 13. First trials were only on adults</p> <ul style="list-style-type: none"> ○ When can dentist get vaccinated, are they consider 1A? Dentist are consider 1A and can get vaccinated now, Meritus is reaching out to dental offices currently <ul style="list-style-type: none"> ➤ Human trafficking is modern day slavery; 2 categories: labor or sex; defined as the recruitment, harboring, transportation, provision, or obtaining, patronizing or soliciting a person through the use of force, fraud, or coercion or the victim is a minor. ➤ Globally there are approximately 25 M victims (16 M labor, 4.8 M sex trafficking); Human trafficking is the 2nd largest criminal enterprise, brings in approximately \$150 B in illegal profits ➤ United States (under reported numbers because they come from the National Human Trafficking Hotline) 2019=22,326 victims identified; Maryland is ranked #15 in 2018; ➤ In 2019, Washington County ranks #4 for adults and #2 for minors (Baltimore being #1 for minors); prevalence due to I-81 & I-70 ➤ Victims are seeking healthcare but not being identified as victims ➤ Meritus will implement Human Trafficking Awareness training and add it to the annual training; Human Trafficking Taskforce created to create policies & protocols, creating a Response Team; creating more in-depth training from clinical providers ➤ In all public bathrooms within Meritus there are Human Trafficking flyers with small discreet pull tab providing a confidential hotline: 1-888-373-7888 or text HELP to 233733. Eventually these will be in Robinwood bathrooms and the community as well.
<p>Lose 1 Million Pounds Update Allen Twigg</p>	<ul style="list-style-type: none"> ➤ As of the end of 2020, we have 37 Community Partners pledged, 546 registered community users, and lost 2,233 lbs. as of 1/4/21; initial goal of 5,000 lbs. within the first year, now a stretch goal of 10,000 lbs. ➤ Monthly data updates being sent to each community partner at the beginning of the month: number of users, number of pounds lost, and number of users logging weight ➤ If you would like to partner with this initiative Please contact Allen

<p>CHRC Grant Update Danielle Stahl</p>	<p>Twigg allen.twigg@meritushealth.com,</p> <ul style="list-style-type: none"> ➤ Allen Twigg and Doug Spotts met with Hagerstown Youth Advisory Council last night; positive and engaging feedback from the youth on how they can support this initiative ➤ CHRC has granted the Health Department an award of \$41,666 to put towards the Go for Bold Initiative and other initiatives for the Diabetes Action Plan ➤ As of yesterday, the grant agreement has been fully executed, we can now official start moving forward ➤ Plan for support and planning for Go for Bold thru advertising, staff support, upgraded Go for Bold webpage on the HWC website; promote diabetes prevention throughout the county by promoting different classes and events; help diabetes referral programs ➤ Part of the grant includes a support team (LHIC Technical Assistance Project) from University of MD Horowitz Center for Health Literacy, POC is Rya Griffis <ul style="list-style-type: none"> ○ https://sites.google.com/umd.edu/md-lhic-resources Main resource library will include upcoming events (as well as recording of previous events), templates (Currently listed LHIC Charter template) and forms, diabetes information (includes the MD Diabetes Action Plan), health literacy resources, CHNA/CHIP resources, and Community Engagement resources
<p>Healthy Business Challenge Hannah Person</p>	<ul style="list-style-type: none"> ➤ 2020 (January-June) Challenge Results <ul style="list-style-type: none"> ○ COVID adjustments: required 5pts instead of 10 pts in each category ○ 9 Businesses in Washington County earn Healthy Business designation: Washington County Chamber of Commerce, University System of MD at Hagerstown, Washington County Commission on Aging, Western MD Hospital Center, Washington County Health Department, Hagerstown YMCA, the Arc of Washington County, Meritus Health, and Martin’s Food Market ○ Category Winners: Small: Washington County Commission on Aging; Medium: Western MD Hospital Center; Large: Meritus Health ➤ 2021 Challenge will run the whole year, aligned with the Go for

<ul style="list-style-type: none"> ○ Wellness & Prevention <p>Deb Lehr</p> <p>Community Updates</p>	<p style="margin-left: 20px;">https://healthywashingtoncounty.com/health-resources/diabetes/</p> <ul style="list-style-type: none"> ○ Promotion: Diabetes Post Cards will be created to give to patients directing them to the HWC website; in addition, will be creating an email; Asking Walgreen Pharmacist to place post cards in bags when community members are getting diabetes medication refills or prescriptions, Press Release to WDVM ○ Goal: 10% increase in traffic on the HWC website, and Partner Organizations reporting Diabetes Prevention class, events, & activities attendance increase <p>➤ Heart Disease & Hypertension</p> <ul style="list-style-type: none"> ○ Heart Disease & Hypertension resource page created on HWC website: https://healthywashingtoncounty.com/health-resources/heart-health/ ○ Goal: Reduce Heart Disease Mortality Rate 10% ○ Distributing 150 BP monitors, hope to improve BP by 50% thru self-monitoring <p>➤ If you would like to add any information to these pages, please send to Hannah Person, hannah.person@maryland.gov</p> <p>➤ Goal: Increase Smoking cessation and Health & Wellness class participation 5%, have a minimum of 3 organizations offering vaccine clinics, Healthy Business Challenge increase organization participation 3%, Increase HWC website traffic, Increase CATCH participation, less than 68% of adults will be overweight or obese, decreasing childhood obesity, increasing physical activities</p> <p>❖ ACTION: All Action Plans will be uploaded to the HWC website</p> <p>➤ Body and Soul Healthy Lifestyle Program; Meritus is partnering with Zion Baptist Church to promote healthy eating and an active lifestyle; meets online the 3rd Saturday 9-10 am from January to June; free and open to all ages; more information at https://healthywashingtoncounty.com/events/ or call 301-790-8907</p>
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Next Meeting	Tuesday, March 2, 2021 10:00-11:30 am via WebEx