"Walk with a Doc is a walking program for everyone interested in taking steps for a healthier lifestyle. You don't need any special gear and there are no special rules. Just put on a pair of comfortable shoes and walk alone, with friends, a partner, a family, or with a group."

Second Saturday of Every Month ● 4:00 PM – 5:00 PM

Cushwa Basin C&O Canal – 205 W Potomac St – Williamsport, MD

Willow Brook Adventist Church
invites you to

walk with a doc

educate. exercise. empower.

Have fun and join us for a healthy walk. You'll take a few minutes to learn about a current health topic; then spend the rest of the hour enjoying a healthy walk and conversation with a doc.

It's a great way to get out, get active, and enjoy good conversation.
Walk your own pace and distance.
See you on September 11, 2021, and bring a friend to this free community event!