

<b>Healthy Washington County Minutes</b>	
<b>Date &amp; Time</b>	September 6, 2022   10:00 am – 11:30 am
<b>Location</b>	Webex or RW 142
<b>Facilitators</b>	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
<b>Attendees</b>	Allen Twigg, Danielle Stahl, Chip Wood, Cindy Earle, Ashley Petrolino, Lindsay Ridenoir, Stephani Frisby, Buck Browning, Laura Ireland, Brandy Lewis, Susan Stewart, Beth Fields Dowdell, Kelli Tencer, Earl Stoner, Paul Frey, Charissa Hipp, Jocelyn Hauer, Milly Lewis, Cheree Ware, Nefertiti Guillaume, Dr. Doug Spotts, Melissa Minotti, Scott Ruble, Ursula Guillory, Joni Rampolla, Lynnae Messner, Maria Latimer, Barbara Williams, Ana Cortes, Holly Luther, Lyn Carter, Julie Teter, Curt Miller, George Cifizzari, Laurie Sandberg, Ethan Feldmiller, Brooke Kerbs, Mary Ann Grossnickle, Damienne Kambis, Carrie Tressler, Joelle Butler, Lindsey Staebler, Melissa Mishler, Norma Patterson, Wendy Zimmerman, Melissa Dasch
<b>Guest</b>	
*If you attended this meeting and <u>not</u> listed above please email <a href="mailto:kathleen.kelly@meritushealth.com">kathleen.kelly@meritushealth.com</a>	

<b>Topics</b>	
<b>Welcome / 3 Good Things</b>	➤ Members discussed good things happening
<b>Minute Review</b>	➤ Minutes were dispersed via email, no edits noted. Approved as written.
<b>Hot Health Topic</b>	<ul style="list-style-type: none"> <li>➤ Health Department Update               <ul style="list-style-type: none"> <li>○ COVID 19 - Vaccines &amp; booster doses are available at WCHD                   <ul style="list-style-type: none"> <li>● Wednesdays 1pm – 7pm ages 5 &amp; older</li> <li>● Thursdays 10am – 4pm ages 6mo to 5 y/o</li> <li>● Meritus pts 5 y/o &amp; older are able to receive all doses at PCP office.</li> </ul> </li> <li>○ For more information on vaccine clinics for WHCD or Meritus please visit:                   <ul style="list-style-type: none"> <li>▪ <a href="https://washcohealth.org/coronavirus-disease-2019-covid-19/wchd-covid-19-vaccine-clinics/wed-thurs-wchd-clinics/">https://washcohealth.org/coronavirus-disease-2019-covid-19/wchd-covid-19-vaccine-clinics/wed-thurs-wchd-clinics/</a></li> <li>▪ <a href="https://www.meritushealth.com/patients-visitors/covid-19-information/covid-19-vaccine-information/">https://www.meritushealth.com/patients-visitors/covid-19-information/covid-19-vaccine-information/</a></li> </ul> </li> <li>○ COVID-19 statistics please visit: <a href="https://www.washco-md.net/coronavirus-info/">https://www.washco-md.net/coronavirus-info/</a></li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>➤ Monkey Pox           <ul style="list-style-type: none"> <li>• WCHD is monitoring, providing guidance and contact tracing</li> <li>• Concerns about symptoms, contact, or other questions contact PCP</li> <li>• Vaccine in Maryland are limited supply and being given to those with known exposure</li> </ul> </li> <li>○ Current map of cases by state can be found on the CDC’s website at <a href="https://www.cdc.gov/poxvirus/monkeypox/response/2022/us-map.html">https://www.cdc.gov/poxvirus/monkeypox/response/2022/us-map.html</a></li> </ul>
<p><b>HWC Member Orientation / Website overview</b></p>	<ul style="list-style-type: none"> <li>➤ Welcomed New Members           <ul style="list-style-type: none"> <li>○ C &amp; O Canal</li> <li>○ WCHD Colorectal Screening program</li> </ul> </li> <li>➤ Website overview</li> <li>➤ Reviewed Mission, Goals, and Objective of HWC - Local Health Improvement Coalition (LHIC)</li> <li>➤ Subcommittees           <ul style="list-style-type: none"> <li>○ Behavioral Health – Curt Miller</li> <li>○ Healthy Lifestyles – Cindy Earle &amp; Danielle Stahl</li> <li>○ Go For Bold – Allen Twigg &amp; Danielle Stahl</li> <li>○ Health Business Challenge – Paul Frey</li> </ul> </li> <li>➤ Community Health Priorities – the top 5 for Washington County           <ul style="list-style-type: none"> <li>○ Mental health</li> <li>○ Obesity / weight loss</li> <li>○ Addiction</li> <li>○ Diabetes</li> <li>○ Heart Disease / Hypertension</li> </ul> </li> <li>➤ Health Washington County Initiatives           <ul style="list-style-type: none"> <li>○ Go For Bold – community wide initiative to lose 1 million pounds</li> <li>○ Walking to Wellness – community walking initiative in partnership with Prime time for Women &amp; other community partners</li> </ul> </li> <li>➤ Health Washington County Dashboard FY23 New Goals           <ul style="list-style-type: none"> <li>○ Establish 24/7 walk-in crisis center; FY23 Goal: open by 6/30/2023</li> <li>○ Increase access to Care with mobile health encounters; FY23 Goal: 4,500</li> <li>○ Increase accountability, community health events; FY23 Goal: 14</li> <li>○ Increase access to healthy food, Horizon Goodwill store encounters; FY23 Goal: 2,500</li> </ul> </li> <li>➤ Reviewed Statewide Integrated Health Improvement Strategy (SIHIS)           <ul style="list-style-type: none"> <li>○ Designed to integrate: hospital quality, care transformation; and total population health to address disparities and improve costs</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>➤ Please visit Healthy Washington County website at <a href="#">Healthy Washington County</a> to access resources and events.             <ul style="list-style-type: none"> <li>○ Partners have access to update / edit events on HWC website</li> </ul> </li> <li>➤ Chip Wood suggested to group that windows 10 is needed to join webex without technical issues.</li>   <li>❖ <b>ACTION:</b> Partners to send logos to <a href="mailto:Kathleen.kelly@meritushealth.com">Kathleen.kelly@meritushealth.com</a> or <a href="mailto:Danielle.stahl@maryland.gov">Danielle.stahl@maryland.gov</a> to be updated on the HWC website. If you need access to the back end of HWC website to add events please contact <a href="mailto:danielle.stahl@maryland.gov">danielle.stahl@maryland.gov</a> to request access.</li> </ul>
<p><b>Go for Bold - Lose 1 Million Pounds Update</b></p>	<ul style="list-style-type: none"> <li>➤ Partners - Year 3 Goal: 75; Current: 56             <ul style="list-style-type: none"> <li>○ Registered Users - Year 3 Goal: 8,000; Current: 4,207</li> <li>○ Pounds Pledged - Year 3 Goal: 750,000; Current: 401,515</li> <li>○ Pounds Lost - Year 2 Goal: 80,000; Current: 46,173</li> </ul> </li> <li>➤ Milestone Celebration Event- Save the Date Oct. 6, 2022 to recognize our community partner achievement as we welcome keynote speaker, Oklahoma City Mayor Mick Cornett.</li> </ul>
<p><b>HWC Subcommittee Updates</b></p>	<ul style="list-style-type: none"> <li>➤ <b>Go for Bold Steering Committee</b> – LEAD: Maria Rubeling, Dr. Spotts, Allen Twigg, Danielle Stahl; bylaws reviewed / approved with no changes at this time, will continue to review on an annual basis; reviewed / approved new member orientation; reviewed / approved FY23 dashboard goals; reviewed funding available to help partners reach their goals; Strategic Planning workshop planned for Nov; reviewed HWC website and will refresh;</li>   <li>➤ <b>Behavioral Health workgroup</b> – LEAD: Curt Miller, Brook Lane; Planning a candle light vigil to bring awareness to mental health for 10/2; working with community to provide additional mental health first aid training; For more information go to <a href="http://www.brooklane.org">www.brooklane.org</a></li>   <li>➤ Sept is national recovery month; Washington County goes purple for overdose awareness; Crisis beds available at Meritus Medical Center on the behavioral health unit If needed for crisis help; At this time patients will be processed through the emergency department;</li> </ul>

	<ul style="list-style-type: none"> <li>➤ <b>Diabetes Action Plan workgroup</b> – LEAD: Cindy Earle, Beth Fields Dowdell Meritus Health; <a href="#">Diabetes Risk Screening</a> is available on the Healthy Washington Co. website. For persons at risk for developing type II diabetes, there are multiple opportunities to participate in a National Diabetes Prevention program located throughout Washington Co. or online. <a href="#">Locate a program here.</a></li> <li>➤ Dashboard update: 955 diabetes referrals were needed for DPP FY22; 488 referrals received Outcomes to date: 67% of participants in this program have met weight loss and activity goals.</li> <li>➤ Hosting a Diabetes Health Fair at El Eden International Market 10/21/2022</li> <li>➤ DPP are holding classes within the community including Elgin Station, Family Healthcare; 16 weekly sessions followed by 6 monthly sessions; interested in having DPP screenings at your organization please contact <a href="mailto:laurie.sandberg@meritushealth.com">laurie.sandberg@meritushealth.com</a></li> <li>➤ <b>Healthy Business Challenge</b> – LEAD: Paul Frey, Chamber of Commerce; Looking to implement healthy business challenge with community business to start in the new year; Awards will be given based on points for the challenge;</li> <li>❖ <b>ACTION:</b> If interested in joining any subcommittee; reporting for FY23 dashboard; send request or dashboard data to HWC co-chairs <a href="mailto:allen.twigg@meritushealth.com">allen.twigg@meritushealth.com</a> or <a href="mailto:Danielle.stahl@maryland.gov">Danielle.stahl@maryland.gov</a>.</li> </ul>
<p><b>Community Updates</b></p>	<ul style="list-style-type: none"> <li>➤ Wendy Zimmerman thanked the WCHD for giving out over 1,000 test kits within the community</li> <li>➤ CoreLife Hagerstown office started a new initiative; patients who are referred by PCP will get access to free fitness streams, dieticians and a 60-minute fitness assessment; helping with G4B engagement;</li> <li>➤ American foundation for Suicide Prevention holding Out of the Darkness Walk 10/1/2022; percentage of money will get put back into the</li> </ul>

	<p>community; if you need any mugs to give hand out or suicide prevention bags with cable locks out please contact <a href="mailto:Brookek@wcmha.org">Brookek@wcmha.org</a></p> <ul style="list-style-type: none"> <li>➤ Brook Lane holding a FB live 9/6 “Recovery is a Journey” ; 10/20 “Coping with Feelings of Guilt and Shame” these will be recorded and available to view on their YouTube channel <a href="#">Brook Lane - YouTube</a> ; Sept. 13 mental health training to register please visit <a href="http://www.brooklane.org">www.brooklane.org</a> ; Nov. 11 Caregiver resource fair will be held at Potomac Case Management 10am-2:30 p.m.</li> <li>➤ Sheppard Pratt will be expanding mobile crisis program to 24/7;</li> <li>➤ Asian American Center has started 6 month workshop-Income tax credit program with 17-20 participants; this is funded through a grant from the office of minority health;</li> <li>➤ YMCA having Color Splash 9/24 volunteers are needed; 470 participants registered</li> <li>➤ Salisbury University and Walgreens are hosting a flu shot clinic at the University Plaza 9/13 from 10a – 1p</li> <li>➤ Johns Hopkins Telemedicine program in collaboration with the Harm Reduction program at the WCHD provide treatment for Hep C, substance abuse disorders with peer recovery specialist; Any questions call Trisha at 301-759-5101</li> </ul>
<b>Next Meeting</b>	Tuesday, November 1, 2022   10:00-11:30 am   WebEx or In-Person 142 Robinwood
<b>Minutes Recorded by:</b> Katie Kelly Meritus Health	<ul style="list-style-type: none"> <li>❖ <b>ACTION:</b> Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl <a href="mailto:Danielle.stahl@maryland.gov">Danielle.stahl@maryland.gov</a> or Allen Twigg <a href="mailto:Allen.Twigg@meritushealth.com">Allen.Twigg@meritushealth.com</a>.</li> <li>❖ <b>ACTION:</b> To make corrections to the minutes; please email <a href="mailto:Kathleen.kelly@meritushealth.com">Kathleen.kelly@meritushealth.com</a></li> </ul>



*Healthy Washington County*  
**MINUTES**

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