

<b>Healthy Washington County Minutes</b>	
<b>Date &amp; Time</b>	November 1, 2022   10:00 am – 11:30 am
<b>Location</b>	Webex or RW 142
<b>Facilitators</b>	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
<b>Attendees</b>	Allen Twigg, Danielle Stahl, Chip Wood, Cindy Earle, Sarah Bush, Curt Miller Jeff O’Neal, Amy Riley, George Cifizzari, Bernadette Wagner, Cindy Earle, Dr. Doug Spotts, Lynnae Messner, Brandy Lewis, Milly Lewis, Norma Patterson, Joelle Butler, Paul Frey, Rebekah Himes, Ethan Feldmiller, Barbara Williams, Susan Walter, Lindsay Ridenhour, Cheree Ware, MeKayla Plotner, Beth Fields Dowdell, Lindsey Staebler, Jared Blakeslee, Buck Browning, Laura Ireland, Amanda Petersen, Janis Williamson, Stephani Frisby, Julie Teter, Benjamin Merzouk, Maria Latimer, Stacie Turner, Brooke Kerbs, Ashley Petrolino, Charissa Hipp, Joni Rampolla, Ursula Guillory, Christine Moats, David Olson, Katie Kelly
<b>Guest</b>	Keith Fanjoy, CEO San Mar; Amanda Boyle, Community Schools Coordinator Bester Community of Hope
*If you attended this meeting and <u>not</u> listed above please email <a href="mailto:kathleen.kelly@meritushealth.com">kathleen.kelly@meritushealth.com</a>	

<b>Topics</b>	
<b>Welcome / 3 Good Things</b>	➤ Members discussed good things happening
<b>Minute Review</b>	➤ Minutes were dispersed via email, no edits noted. Approved as written.
<b>Hot Health Topic</b>	<ul style="list-style-type: none"> <li>➤ Health Department Update               <ul style="list-style-type: none"> <li>○ COVID 19                   <ul style="list-style-type: none"> <li>○ 11.19% positivity rate for Washington County; 7.17% for State of MD</li> <li>○ 39,528 COVID + cases in Washington County; 602 deaths</li> <li>○ Vaccination rate 61.4 %</li> </ul> </li> <li>○ COVID 19 Vaccine / Testing                   <ul style="list-style-type: none"> <li>○ WCHD has walk-in clinics Wednesdays and Thursdays; partnering with WCPS to hold vaccine clinics Tuesdays and Thursdays at all middle schools throughout the county through mid-December from 4 p.m. – 6 p.m.</li> <li>○ Drive- Thru testing site will be at 13 W. Lee St. Tuesdays and Thursdays 10 a.m.- 2 p.m.; free at home test kits available at WCHD lobby;</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ For more information on vaccine clinics for WCHD or Meritus please visit:             <ul style="list-style-type: none"> <li>▪ <a href="https://washcohealth.org/coronavirus-disease-2019-covid-19/wchd-covid-19-vaccine-clinics/wed-thurs-wchd-clinics/">https://washcohealth.org/coronavirus-disease-2019-covid-19/wchd-covid-19-vaccine-clinics/wed-thurs-wchd-clinics/</a></li> <li>▪ <a href="https://www.meritushealth.com/patients-visitors/covid-19-information/covid-19-vaccine-information/">https://www.meritushealth.com/patients-visitors/covid-19-information/covid-19-vaccine-information/</a></li> </ul> </li> <li>○ COVID-19 statistics please visit: <a href="https://www.washco-md.net/coronavirus-info/">https://www.washco-md.net/coronavirus-info/</a></li> <li>➤ Monkey Pox             <ul style="list-style-type: none"> <li>○ WCHD is monitoring, providing guidance and contact tracing</li> <li>○ To pre-register for vaccine visit: <a href="https://health.maryland.gov/phpa/OIDEOR/Pages/mpx-vax-preregistration.aspx">https://health.maryland.gov/phpa/OIDEOR/Pages/mpx-vax-preregistration.aspx</a> ; if eligible patient will be contacted</li> </ul> </li> <li>○ Current map of cases by state can be found on the CDC’s website at <a href="https://www.cdc.gov/poxvirus/monkeypox/response/2022/us-map.html">https://www.cdc.gov/poxvirus/monkeypox/response/2022/us-map.html</a></li> </ul>
<p><b>Community Solutions Hub, Keith Fanjoy</b></p>	<ul style="list-style-type: none"> <li>➤ Community Solutions Hub; free comprehensive data for social determinants of health in Washington County available to the public;</li> <li>➤ The website offers data on indicators for promising practices – data for other regions within the U.S.; 211 resources; funding opportunities;</li> <li>○ Please visit <a href="https://www.communitysolutionshub.org/">https://www.communitysolutionshub.org/</a>; tutorial available on YouTube to learn how to generate reports please visit <a href="https://youtu.be/C7e4mtWutfA">https://youtu.be/C7e4mtWutfA</a></li> </ul>
<p><b>Go for Bold - Lose 1 Million Pounds Update</b></p>	<ul style="list-style-type: none"> <li>➤ Milestone recognition on Oct. 6 included 160 guests, 50 organizations, and representation from City and County government;</li> <li>➤ Partners - Year 3 Goal: 75; Current: 60 (85%)             <ul style="list-style-type: none"> <li>○ Registered Users - Year 3 Goal: 8,000; Current: 4,491 (56%)</li> <li>○ Pounds Pledged - Year 3 Goal: 750,000; Current: 401,515 (54%)</li> <li>○ Pounds Lost - Year 2 Goal: 80,000; Current: 53,342 (66%)</li> </ul> </li> <li>➤ What can you do as an organization to increase registered users over the next 30 days?             <ul style="list-style-type: none"> <li>○ “Maintain Not Gain” encourage others within your organization to weigh in the weight tracker before and after the holiday</li> </ul> </li> <li>➤ Upcoming: Healthy Business Challenge; to be a participant 50% of your workforce must be signed up;</li> </ul>

	<ul style="list-style-type: none"> <li>➤ Please visit <a href="https://healthywashingtoncounty.com">https://healthywashingtoncounty.com</a> to sign-up for the weight tracker</li> <li>➤ Let's Lead Strategic Planning Workshop Nov 7<sup>th</sup> 1p – 4:14p RW142             <ul style="list-style-type: none"> <li>❖ <b>ACTION:</b> Contact Joelle Butler if someone from your organization would like to give a testimony from using the weight tracker or any other ideas at <a href="mailto:Joelle.butler@maryland.gov">Joelle.butler@maryland.gov</a></li> </ul> </li> </ul>
<p><b>HWC Subcommittee Updates</b></p>	<ul style="list-style-type: none"> <li>➤ <b>Go for Bold Steering Committee</b> – LEAD: Maria Rubeling, Dr. Spotts, Allen Twigg, Danielle Stahl; Last meeting was July; reviewed / approved FY23 dashboard goals; measuring goals monthly; we need to include Diabetes action plan &amp; DPP referrals from WCHD and Commission on Aging; Follow up needed with Sheppard Pratt for mobile crisis dashboard numbers;</li> <li>➤ <b>Behavioral Health workgroup</b> – LEAD: Curt Miller, Brook Lane; Held a candle light vigil at St. Johns Lutheran Church to bring awareness to mental health on 10/2 with Cong. David Trone; working on training two people to continue mental health first aid trainings;</li> <li>➤ <b>Diabetes Action Plan workgroup</b> – LEAD: Cindy Earle, Beth Fields Dowdell Meritus Health; <a href="#">Diabetes Risk Screening</a> is available on the Healthy Washington Co. website. For persons at risk for developing type II diabetes, there are multiple opportunities to participate in a National Diabetes Prevention program located throughout Washington Co. or online. <a href="#">Locate a program here.</a></li> <li>➤ Achieved 5 year recognition from the CDC for DPP; Held Diabetes Health Fair 10/21 at El Eden International Market targeting the Hispanic population;</li> <li>➤ Next Diabetes Health Fair 11/13 at St. Joseph Catholic Church; On National Diabetes Day will offer free pre-diabetes screenings within Meritus Primary Care Practices; Planning a “Baby Shower” to engage awareness / education for gestational diabetes; Keith Fanjoy suggested sharing information on gestational diabetes at “Babypalooza” that’s held in south end every spring;</li> </ul>

	<ul style="list-style-type: none"> <li>➤ The Diabetes Education Center does offer classes in Spanish / English for gestational diabetes;</li> <li>➤ Received 1,294 referrals from the DPP centralized referral program; 30% of those referrals are enrolled in classes;</li> <li>➤ <b>Healthy Business Challenge</b> – LEAD: Paul Frey, Chamber of Commerce; registration for Healthy Business Challenge is open through end of year; challenge will run from Jan 1 – June 30, 2023; three areas of focus: healthy eating; physical activity, overall wellness; points will be earned for completing criteria under areas of focus; points will be calculated and awards given after 6/30/2023; businesses will be placed in four size categories: very small (1-24 employees), small (25-99 employees), medium (100-399 employees), large (400+ employees); Goal is to register 100 business this year; please visit <a href="https://healthywashingtoncounty.com">https://healthywashingtoncounty.com</a> under the Health Resources tab select Healthy Business Challenge to register your organization;</li> <li>❖ <b>ACTION:</b> If interested in joining any subcommittee; reporting for FY23 dashboard; send request or dashboard data to HWC co-chairs <a href="mailto:allen.twigg@meritushealth.com">allen.twigg@meritushealth.com</a> or <a href="mailto:Danielle.stahl@maryland.gov">Danielle.stahl@maryland.gov</a>.</li> </ul>
<p><b>Community Updates</b></p>	<ul style="list-style-type: none"> <li>➤ Parks &amp; Recs Hub City 100 Miler program kicks off Jan 13, 2023; registration opens in one week; please visit <a href="https://anc.apm.activecommunities.com/hagerstownparksandrec/activity/search/detail/4909?onlineSiteId=0&amp;from_original_cui=true">https://anc.apm.activecommunities.com/hagerstownparksandrec/activity/search/detail/4909?onlineSiteId=0&amp;from_original_cui=true</a> to register</li> <li>➤ November is National Caregiver Month; Brook Lane is partnering with Potomac Case Management to host a health fair 11/11 10 am – 2:30 pm in the atrium at Potomac Case Management; 2 FB Live programs; Nov. 16 on “mindful techniques to help caregivers” 1-2p; Nov. 28 “Handling holiday stress while caregiving” 1-2p; please visit Brook Lane’s Facebook page to join in on the Live session; these will be recorded and available to view on their YouTube channel <a href="#">Brook Lane - YouTube</a> ;</li> <li>➤ Amanda Boyle from Bester of Hope working on assessing and understanding the health needs in the south end of Hagerstown; they have started an interactive projector at Bester Elementary; looking to</li> </ul>

	<p>place outdoor fitness equipment in the south end; if you would like to collaborate with Amanda please contact her at <a href="mailto:aboyle@sanmarhope.com">aboyle@sanmarhope.com</a></p> <ul style="list-style-type: none"> <li>➤ DPP program will be doing free diabetes screenings on Nov 14 National Diabetes Day; if you are interested in having them set up at your organization please contact <a href="mailto:norma.patterson@meritushealth.com">norma.patterson@meritushealth.com</a> ; there is a risk screening assessment on Healthy Washington County website please visit <a href="https://healthywashingtoncounty.com/health-resources/diabetes/">https://healthywashingtoncounty.com/health-resources/diabetes/</a> for more information.</li> <li>➤ Ben Merzouk the new regional PrEP for HIV Prevention navigator with WCHD; can offer education on STI / HIV prevention; if interested please contact <a href="mailto:Benjamin.merzouk@maryland.gov">Benjamin.merzouk@maryland.gov</a></li> </ul>
<b>Next Meeting</b>	<p>Tuesday, January 3, 2023   10:00-11:30 am   WebEx or In-Person at <b>WCHD BHS Conference Room 925 North Burhans Blvd. Hagerstown, MD 21740</b></p>
<p><b>Minutes Recorded by:</b> Katie Kelly Meritus Health</p>	<ul style="list-style-type: none"> <li>❖ <b>ACTION:</b> Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl <a href="mailto:Danielle.stahl@maryland.gov">Danielle.stahl@maryland.gov</a> or Allen Twigg <a href="mailto:Allen.Twigg@meritushealth.com">Allen.Twigg@meritushealth.com</a>.</li> <li>❖ <b>ACTION:</b> To make corrections to the minutes; please email <a href="mailto:Kathleen.kelly@meritushealth.com">Kathleen.kelly@meritushealth.com</a></li> </ul>