

Healthy Washington County Minutes	
Date & Time	January 3, 2022 10:00 am – 11:30 am
Location	Webex or WCHD Behavioral Health, 925 N. Burhans Blvd., Hagerstown
Facilitators	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
Attendees	Allen Twigg; Danielle Stahl; Chip Wood; Cindy Earle; Sarah Bush; Curt Miller; Amanda Petersen; Buck Browning; Beth Fields Dowdell; Janis Williamson; Milly Lewis; Stephanie Frisby; Cheree Ware; Charissa Hipp; Melissa Dasch; Earl Stoner; Stacie Turner; Norma Patterson; Aspen Flook; Ursula Guillory; Alison Lady; Susan Stewart; Lalia Bunker; Ethan Feldmiller; Lindsay Ridenour; Melissa Minotti; Nefertiti Guillaume; Lynnae Messner; Lisa McCoy; Barbara Williams; Dr. Doug Spotts; Paul Frey; Joni Rampolla; Wendy Zimmerman; Julie Teter; Ashley Petrolino; Janice Howells; Amy Riley; Shirlisa Snowden Carroll; Gayle Alleman; Rebekah Blum; Brooke Kerbs; Holly Luther; David Olson; Sherie Nigh; Joelle Butler; Bernadette Wagner; Lindsay Staebler; Susan Walter; Katie Kelly
Guest	
*If you attended this meeting and <u>not</u> listed above please email kathleen.kelly@meritushealth.com	

Topics	
Welcome / 3 Good Things	➤ Members discussed good things happening
Minute Review	➤ Minutes were dispersed via email, no edits noted. Approved as written.
Hot Health Topic	<ul style="list-style-type: none"> ➤ Health Department Update <ul style="list-style-type: none"> ○ COVID 19 Vaccines <ul style="list-style-type: none"> ○ Bivalent Booster authorized for persons 6 months and older ○ WHCD COVID Vaccine Clinics-No Cost, 1302 Pennsylvania Ave; Wednesdays 1pm – 7pm ages 5 y/o and older; walk in or scheduled appointment available; pediatric clinic 6 months – 5y/o by appointment only; ○ Meritus COVID Vaccine Clinics, Pts of Meritus Primary Care Practices 5 y/o & older are able to receive first, second, and booster doses at their primary care office; Bivalent Vaccine available for 12 y/o & older at Meritus Mobile Community Clinics;

	<ul style="list-style-type: none"> ○ For more information on vaccine clinics for WCHD or Meritus please visit: <ul style="list-style-type: none"> ▪ https://washcohealth.org/coronavirus-disease-2019-covid-19/wchd-covid-19-vaccine-clinics/ ▪ https://www.meritushealth.com/patients-visitors/viral-illness-information/covid-19-vaccine-information/covid-vaccine-community-clinics/ ○ COVID-19 statistics please visit: https://www.washco-md.net/coronavirus-info/ ➤ Monkey Pox <ul style="list-style-type: none"> ○ Term Monkey Pox in changing to MPox to reduce the stigma; ○ WCHD is monitoring, providing guidance and contact tracing; ○ Potential symptoms patient should contact Primary Care Provider; vaccines are in limited supply and being given to those with a known exposure;
<p>Partner Access to Healthy Washington County Website</p>	<ul style="list-style-type: none"> ➤ Partners have access to update and upload organization events, partner pages, and news articles. See attachment for instructions and user guidelines ; To login visit: https://healthywashingtoncounty.com/dd-login ; instructions attached. ➤ In the last 90 days there has been over 3,000 users on Healthy Washington County website. ➤ Please add any initiatives you are promoting to the events section of the website. ❖ ACTION: If you need a new account created or to reset your password please contact Kathleen.kelly@meritushealth.com or Danielle.stahl@maryland.gov
<p>Go for Bold - Lose 1 Million Pounds Update</p>	<p>As of December 31, 2022</p> <ul style="list-style-type: none"> ➤ Partners - Year 3 Goal: 75; Current: 67 (89%) ○ Registered Users - Year 3 Goal: 8,000; Current: 4,722 (59%) ○ Pounds Pledged - Year 3 Goal: 750,000; Current: 402,839 (54%) ○ Pounds Lost - Year 2 Goal: 80,000; Current: 61,645 (77%) ➤ 25 Partners participated in the strategic planning workshop and completed action plans; Partners received a banner and scale to display in their organization and \$1,700 stipend to help achieve action plan goals. ❖ ACTION: Stipends are still available for those who complete an action plan; please contact danielle.stahl@maryland.gov ❖ ACTION: If you are reporting pounds lost on behalf of users not registered in the weight tracker please notify

	<p>Kathleen.kelly@meritushealth.com to add the number of “new registered users” on the back end.</p> <ul style="list-style-type: none"> ❖ ACTION: If your organization needs support signing registrants up for the weight tracker please contact Kathleen.kelly@mertiushelth.com. ❖ ACTION: If you need a banner or scale to promote Go For Bold at your organization please contact Kathleen.kelly@meritushealth.com or Danielle.stahl@maryland.gov .
<p>Healthy Business Challenge</p>	<ul style="list-style-type: none"> ➤ Healthy Business Challenge; Jan 1 – June 30, 2023 <ul style="list-style-type: none"> ○ Registration is open to all business that have an office / facility in Washington County; to enroll please visit https://healthywashingtoncounty.com/healthy-business-challenge/ ○ Participating business must have at least 50% of its employees registered and entering weights twice within the calendar year. ❖ ACTION: Any questions about the Healthy Business Challenge please contact Joelle.butler@maryland.gov , phone 240-520-3298 or Paul Frey Paul@hagerstown.org , phone 301-739-2015 ext. 102.
<p>HWC Subcommittee Updates</p>	<ul style="list-style-type: none"> ➤ Behavioral Health workgroup – LEAD: Curt Miller, Brook Lane; Will have 3 more people trained to lead Mental Health First Aid classes by the end of February; next session is scheduled for Spring 2023; working towards starting Photo Voice project that tells personal stories through visual and audio mediums to decrease stigma and increase mental health awareness. Please contact Curt.miller@brooklane.org if interested in helping. ➤ Diabetes Action Plan workgroup – LEAD: Cindy Earle, Beth Fields Dowdell Meritus Health; Exceeded total number of referrals 2022 Target: 480 with 660 referrals received; Cohort planned on-line HALT; grants pending to support advertising; new Diabetes Prevention start up class at Ft. Richie; Diabetes health fair outreach to the Hispanic/Latino community was held at St. Joseph Catholic Church in Nov. with 106 encounters; Community Health team provided diabetes education for school health team and have a new education series for gestational diabetes in pregnant women; YMCA is working with Bester parent liaison on a Cooking Matters initiative; MPC is partnering with Horizon Goodwill to develop a hydroponic garden for healthy eating;

	<ul style="list-style-type: none"> ➤ The Diabetes Risk Screening is available on the Healthy Washington Co. website. For persons at risk for developing type II diabetes, there are multiple opportunities to participate in a National Diabetes Prevention program located throughout Washington Co. or online. Locate a program here.
<p>Community Updates</p>	<ul style="list-style-type: none"> ➤ Family Healthcare implementing My Zone for employees to engage in physical activity ➤ Walking 2 Wellness every Wednesday at HCC; if you are interested in doing a 5 min presentation please contact bernadettewagner01@gmail.com ➤ Stay Home Senior Services, provides non-medical in-home care https://stayhomeseniorservices.com; Bettys Wish a professional caregivers association is a non-profit focusing on helping elderly and disabled person, to learn more or volunteer please visit https://bettyswish.org/. Any questions on please contact rebekahb@stayhomeseniorservices.com ➤ Hub City 100 Miler starts Jan. 13; Parks and Recs always looking for new partnerships; To view Winter 2023 digital guide of events please visit https://www.hagerstownmd.org/145/Parks-Recreation please contact ariley@hagerstownmd.org ➤ Joelle Butler WCHD willing to highlight success stories to promote healthy lifestyles; please contact her at Joelle.butler@maryland.gov ➤ New Weight Tracker users can initially enter their highest weight in the past 12 months to start ➤ WCHD received a grant for tobacco cessation for pregnant women smoking or vaping ➤ The Mental Health Authority will be having a suicide prevention event Jan. 27 9:00 a.m. at EM Tobias Center; brookek@wcmha.org ➤ Brook Lane live FB event “Teens and Drug Use and What you need to know” Jan. 24 at 6:30 - &:30 p.m.; to view on Facebook visit: https://www.facebook.com/brooklaneinc

	<ul style="list-style-type: none"> ➤ Meritus Community Health has moved to 1799 Howell Rd. Hagerstown, MD 21740; phone numbers have not changed ➤ WCHD Parent workshop for post-covid behavior and mental health changes Feb. 9, 5:00 – 8:00 p.m. ➤ Walking 2 Wellness participating in Coldest Night of the Year Feb 25, 5:00 pm HCC
Next Meeting	Tuesday, March 7, 2023 10:00-11:30 am WebEx or In-Person at Robinwood Professional Center suite 142 (parking in Blue or Silver entrance)
Minutes Recorded by: Katie Kelly Meritus Health	<ul style="list-style-type: none"> ❖ ACTION: Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl Danielle.stahl@maryland.gov or Allen Twigg Allen.Twigg@meritushealth.com. ❖ ACTION: To make corrections to the minutes; please email Kathleen.kelly@meritushealth.com



Healthy Washington County

Website Partner Login Instructions & Guidelines

Login in

Login can be found by following this link:

<https://healthywashingtoncounty.com/dd-login>

Account and Users

Please let Danielle Stahl and Katie Kelly if you need a new account created or to reset your password.

Organizations can create multiple accounts who will then have access to creating new events and editing events. However only one account from each organization will be able to make changes to the organization's partner page. We suggest organizations create one account that multiple people have access to or designate one person from your organization to be responsible for the partner page.

(If your designated person for your partner page is no longer with your organization, please contact Danielle Stahl or Katie Kelly to have that person removed and to reassign another employee to edit your partner page.)

Access

Users will only have access to make changes on their own partner page and to create and edit events.

To request news articles to be posted and changes to be made to any other pages on the website please contact Danielle Stahl and Katie Kelly .

Guidelines

Partner pages

Partner pages are completely up to the organization to keep up to date with correct information. If your organization has updated their website or logo, you will want to make sure you update it on the HWC website.

Only one user can be designated to edit this page. You can either have one user account that multiple people have access to or multiple user accounts with only one that has access to edit your partner page.

Please fill in your organization's information and website. A logo must be added to your page in order to be featured on the partner spotlight at the bottom of the homepage.

Events

Events can be edited by multiple user accounts.

- Health related events in Washington County (health related fundraising events like 5k's are ok).
- Please add contact information or a link to more information.

- If you are adding a photo you must ensure you add alternative text (title) for photos and that the photos are licensed for reuse and you are not violating any copyrights.
 - Featured Image: 2481 × 1406px please.

News Articles

- News can be new programs or services your organizations provides.
- Must submit your news article to Danielle Stahl and Katie Kelly and will be reviewed by a board for approval to be posted.
- You are responsible for writing the article or providing all the information from where the article originated and providing links and photos to accompany the article.
- All news articles must be on relevant health topics and preferably relevant to the Washington County area.
- No product advertisements.

Additional page changes or additional resources

Please email any suggested changes or additions to pages to Danielle Stahl and Katie Kelly. All changes will be review by the board for approval.

Contact info

Danielle Stahl

Danielle.stahl@maryland.gov

240-313-3252

Katie Kelly

kathleen.Kelly@meritushealth.com

301-790-8716

How to Add Events

1. Select +New on the top sidebar, then select Event
2. Fill in the event information starting with the title and event description
3. To add a file, click the File icon. This will allow you to upload a document to link to. This is useful to link a flyer.
4. To add a link, click the Link icon.
 - a. To link to a page or event on the Healthy Washington County website, select Link to an Entry. Look for events under the Event List section, pages in the resources section under Resources, and other pages under General Pages or Singles. The home page, event list, and news page can be found under Singles.
 - b. To link to an outside website, select Insert Link and put in the URL of the website you want to link to.
5. To add an image, click the Image icon. You will be able to upload an image or select an already uploaded image.
6. To add a blockquote, click the Blockquote button.

7. . To add a call to action button, click the CTA Button button. This is useful to link people to a website to register for an event.
 - a. a. To link to a page or event on the Healthy Washington County website, click Select an Entry under CTA Internal Link. Follow the instructions under 7a to select the page you want to link to.
 - b. To link to a document, click Select an Asset under CTA Asset Link. You will be able to upload a document or select a previously-uploaded document.
 - b. c. To link to an outside website, enter the URL under CTA External Link.
 - c. d. The CTA Button Text is the text that will appear on the button.
 8. You can add multiple general content, blockquote, and CTA button blocks.
 9. (Optional) Click the Slideshow tab to add a slideshow of photos or supplemental content. This area can be used for data tracking purposes, but note that it will be displayed publicly.
 10. You can preview what your event will look like by clicking the Preview button. This will allow you to edit the event and view the changes in real time before saving and publishing.
- 14. Click the red Save button in the top right when you are done.**

How to Update Partner Page

1. Select Partner on the lefthand sidebar, then select Add New
 2. Click the red +New Entry button on the top right. If there already is a partner page for your organization, contact Katie Kelly or Danielle Stahl to have your account associated with the existing partner page. Note that only one account can be associated with and edit a partner page.
 3. Fill in your organization's name, website and logo
 4. Upload your organization's logo. Please ensure it is 778x438. You can use an online image resizing tool to adjust your image or the canvas size of your image.
 5. Turn on Featured Partner if you would like your organization's logo to be displayed on the home page. Please ensure you have an image uploaded with the appropriate dimensions.
- 7. Click the red Save button in the top right when you are done.**