

Healthy Washington County Minutes	
Date & Time	July 25, 2023 10:00 am – 11:30 am
Location	Webex or Washington County Health Dept, 1302 Pennsylvania Ave. 2 nd Fl auditorium Hagerstown, MD
Facilitators	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
Attendees	Allen Twigg; Danielle Stahl; Beth Fields Dowdell; Milly Lewis; Lindsey Staebler; Chip Wood; Brooke Grossman; Ami Muraski; Linda Brooks; Sharlisa Snowden; Tammy Brinkley; Brooke Kerbs; Amanda Petersen; Susan Stewart; Janis Williamson; Ursula Guillory; Rebekah Blum; Alison Lady; Ethan Feldmiller; Stacie Turner; Colby Vergalito; Buck Browning; Jen Thomas; Kristin Thomas; Susan Walter; Nicole Houser; Lorena de Leon; Perri Carroll; Jodi Ramsey; Melissa Minott; Melissa Onate; Curt Miller; Tim Fisher; Norma Patterson; Aspen Flook; Shawna Salmon; Rebecca Buffington; Carol Bryan; Julie Teter; Dara Holmoman; Joanna Lin; Stephani Frisby; Jared Blakeslee; Jason Brown; Paula Mckenzie; Cheree Ware; Melissa Dasch; Amy Olack
Guest	Dr. Chiadi Ndumele, Johns Hopkins; Catherine Maybury; Leah Richey
*If you attended this meeting and <u>not</u> listed above please email kathleen.kelly@meritushealth.com	

Topics	
Welcome / 3 Good Things	➤ Members discussed good things happening
Minute Review	➤ Minutes were dispersed via email, no edits noted. Approved as written.
Infinite Legacy	<ul style="list-style-type: none"> ➤ Melissa Onate, Community outreach coordinator gave overview of Infinite Legacy; nonprofit organ procurement organization serving 10 million people in MD, Northern VA, and Washington DC.; they work with 68 hospitals to decrease the number of people waiting for a lifesaving transplant; ➤ For more information on Infinite Legacy please visit: https://infinitelegacy.org/ or contact Melissa Onate at monate@infinitelegacy.org .
Comstock Center	<ul style="list-style-type: none"> ➤ Dr. Chiadi Ndumele, Johns Hopkins School of Medicine gave overview of UNOAD - Heart Failure Study, understanding and addressing the risks of low SES and diabetes for heart failure ➤ Study design <ul style="list-style-type: none"> ○ Randomized controlled trial

	<ul style="list-style-type: none"> ○ 350 individuals from Johns Hopkins in Baltimore City and Meritus Health in Washington County ○ 6-month multi-level intervention ➤ Inclusion/Exclusion Criteria <ul style="list-style-type: none"> ○ Inclusion; adults living in Hagerstown with type 2 diabetes, obesity, and enrolled in priority partners/Medicaid ○ Exclusion; age less than 30 or greater than 70, A1c greater than 11%, known clinical cardiovascular disease, end stage renal disease, active pregnancy ➤ Intervention <ul style="list-style-type: none"> ○ Partnering with YMCA ○ Participants will perform supervised aerobic / resistance exercise at least once per week for 6 months; instruction on increasing activity levels ○ Community Health worker support; provide phone and home visits; patient education; access to care <p>❖ ACTION: If your organization has interest in engaging with this research study please contact Melissa Minott at mminott2@jhu.edu</p>
<p>UMD Horowitz Center for Health Literacy</p>	<ul style="list-style-type: none"> ➤ Catherine Maybury and Leah Richey, from UMD Horowitz Center for Health Literacy gave overview of Maryland’s Consumer Health Information Hub, a new law effective 7/1/2022; requires state and local agencies to use plain language in public communications about health, safety, and social services benefits; ➤ Looking to partner with state and local government agencies, hospitals and health systems, organizations – non-profit and community based, elected officials, and educators. ➤ Hub resources include: templates / plain language check-list, training & educational sessions, reports, best practices and recommendations. <p>❖ ACTION: If interested in volunteering for a workgroup to provide feedback on Hub products please contact Catherine Maybury at cmaybury@umd.edu or Leah Richey at lsrichey@umd.edu.</p>
<p>HWC Dashboard</p>	<ul style="list-style-type: none"> ➤ FY24 Dashboard ➤ Obesity <ul style="list-style-type: none"> ○ # of registered users; FY23: 5,943; FY24 Goal: 10,000 ○ # of community pounds lost; FY23: 89,000; FY24 Goal: 180,000 ➤ Behavioral Health <ul style="list-style-type: none"> ○ NEW - # of persons diverted from ED

	<ul style="list-style-type: none"> ○ % verified linked to treatment; FY23: 72%; FY24 Goal: 75% ➤ Diabetes <ul style="list-style-type: none"> ○ % engaged with DPP; FY23 5%; FY24 Goal: 7% ○ # of blood pressure screenings; FY23: 2,793; FY24 Goal: 3,000 ➤ Health Equity <ul style="list-style-type: none"> ○ NEW - # non-English speaking persons linked; FY24 Goal: 500 ○ # mobile health primary care; FY23: 122; FY24 Goal: 675 ➤ Wellness <ul style="list-style-type: none"> ○ New - # of participants in “DO” activities; FY24 Goal: 2,400 ○ New - \$ of healthy food distributed; FY24 Goal: \$30,000
<p>Go for Bold - Lose 1 Million Pounds Update</p>	<ul style="list-style-type: none"> ➤ FY24 Goals <ul style="list-style-type: none"> ○ 200,000 lbs lost ○ 12,000 registered users ➤ Milestone Celebration Please save the date: Oct. 5th ❖ ACTION: If your organization needs support signing registrants up for the weight tracker please contact Kathleen.kelly@mertiushelth.com. ❖ ACTION: If you need a banner or scale to promote Go For Bold at your organization please contact Kathleen.kelly@meritushealth.com or Danielle.stahl@maryland.gov .
<p>HWC Subcommittee Updates</p>	<ul style="list-style-type: none"> ➤ Behavioral Health workgroup – LEAD: Curt Miller, Brook Lane; Mental Health First Aid being offered at Brook Lane Main Campus, classes are free; Planning candle light vigil for October; ○ Youth Mental Health First Aid training August 5, 2023 8:00 a.m. to 5:00 p.m., please visit: Youth Mental Health First Aid Brook Lane to register; ○ Adult Mental Health First Aid training September 27, 2023 8:00 a.m. – 5:00 p.m., to register please visit: Adult Mental Health First Aid Brook Lane; please contact Curt Miller with any questions regarding Mental Health First Aid or to be a part of the Behavioral Health workgroup at curt.miller@brooklane.org. ➤ Diabetes Action Plan workgroup – Beth Fields Dowdell, Meritus Health; DPP classes offered in-person and zoom through Meritus and WCHD; Held health fair at El Eden in June; Diabetes Type 1 support group has moved to Robinwood 142 starting August, third Thursday every month 7:8p; Updating goals for the group based on the Maryland diabetes

	<p>action plan; two workgroups pre-diabetes and diabetes; if interested in joining please contact: Elizabeth.Dowdell@meritushealth.com</p> <ul style="list-style-type: none"> ➤ Healthy Business Challenge – Danielle Stahl, WCHD; The challenge ended June 30; Please return completed HBC forms to Joelle.Butler@maryland.gov. Partners will be recognized at Sept meeting.
<p>Community Updates</p>	<ul style="list-style-type: none"> ➤ WCHD CPEST- FY23 provided colonoscopy’s to 53 patients; for more information on this program please call 240-313-3235 ➤ Alleghany County Health Dept. BCCP – Breast and Cervical Cancer Program serves Washington County residents; for more information on this program please visit: Maryland Department of Health - Alleghany CancerPrograms
<p>Next Meeting</p>	<p>Tuesday, September 5, 2023 10:00-11:30 am WebEx or In-Person at the Robinwood Professional Center Suite 142, 11110 Medical Campus Rd. Hagerstown, MD 21742. (parking in Blue or Silver entrance)</p>
<p>Minutes Recorded by: Katie Kelly Meritus Health</p>	<ul style="list-style-type: none"> ❖ ACTION: Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl Danielle.stahl@maryland.gov or Allen Twigg Allen.Twigg@meritushealth.com. ❖ ACTION: To make corrections to the minutes; please email Kathleen.kelly@meritushealth.com