



Healthy Washington County
MINUTES

Healthy Washington County Minutes	
Date & Time	September 5, 2023 10:00 am – 11:30 am
Location	Robinwood Medical Center Suite 142 (blue or silver entrance), 11110 Medical Campus Rd., Hagerstown, MD 21742
Facilitators	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
Attendees	Allen Twigg; Danielle Stahl; Beth Fields Dowdell; Milly Lewis; Laila Bunker; Julie Teter; Alison Lady; Curt Miller; Linda Brooks; Stephani Frisby; Jodi Ramsey; Chip Wood; Earl Stoner; Brooke Kerbs; Paula McKenzie; Stacie Turner; Joni Rampolla; Stephanie Pulver-Breeden; Ursula Guillory; Susan Lopp; Paul Frey; Jen Thomas; Buck Browning; Ashley Petrolino; Maulik Joshi; Lorena de Leon; Amanda Petersen; Melissa Minotti; Joelle Butler; Emma Martin; Rebecca Buffington; Lisa Lundquist; Brian Mattingly; Lindsay Ridenour; Amie Muraski; Lisa McCoy; Melissa Dasch; Sammy Delauter; Kristi Carroll; Ethan Feldmiller; Lynnae Messner; Norma Patterson; Aspen Flook; Jason Brown;
Guest	Emma Martin; Brian Mattingly
*If you attended this meeting and <u>not</u> listed above please email kathleen.kelly@meritushealth.com	

Topics	
Welcome / 3 Good Things	➤ Members discussed good things happening
Minute Review	➤ Minutes were dispersed via email, no edits noted. Approved as written.
The Sonatina Center	<p>➤ Emma Martin, LPMT gave overview of The Sonatina Center, a creative arts therapy practice, individual & group music therapy services, music enrichment groups, and community partnerships such as Lasting Change, Girls, Inc., and ARC.</p> <p>➤ For more information on The Sonatina Center please visit: https://www.thesonatinacenter.com/locations-hagerstown-md or contact by email: info@thesonatinacenter.com, by phone: 603-978-4808.</p>
Maryland Cancer Collaborative	➤ Brian Mattingly, Director of Maryland Comprehensive Cancer Control Program; MCC is a statewide coalition of volunteers charged with implementing the Cancer Plan; 4 workgroups: Advance Care Planning, Cancer Screening, HPV Vaccination, and Tobacco Cessation

	<ul style="list-style-type: none"> ➤ For more information please visit: https://health.maryland.gov/phpa/cancer/cancerplan/Pages/collaborative.aspx , Questions? contact: brian.mattingly@maryland.gov or 410-767-2037.
<p>Go for Bold - Lose 1 Million Pounds Update</p>	<ul style="list-style-type: none"> ➤ Year 3 Goals <ul style="list-style-type: none"> ○ 180,000 lbs lost ○ 12,000 registered users ➤ As of Sept 5, 2023 <ul style="list-style-type: none"> ○ 95,692 lbs lost ○ 6,177 users ➤ Milestone Celebration Please save the date: Oct. 5th <ul style="list-style-type: none"> ○ Panel discussion led by Deputy Chief Nilesh Kalaynaraman ➤ Partner Funding opportunity <ul style="list-style-type: none"> ○ An official Request for Proposals will be sent out by The Washington County Health Department (Danielle Stahl) through funding from the Maryland Department of Health, Office of Population Health Improvement. ○ 5-8 Healthy Washington County Go For Bold Partners will be awarded up to \$10,000 in grant funding to conduct community initiatives that address health disparities related to access to chronic disease prevention from October, 2023- May 31, 2024 ○ Activities must focus on both: <ol style="list-style-type: none"> 1. Supporting populations that are underserved and at increased risk due to health disparities 2. Registering new participants on the Go For Bold Weight Tracker ○ Activities must also focus on one or more of the following categories: <ol style="list-style-type: none"> 1. Increasing physical activity 2. Nutrition and healthy eating 3. Chronic disease prevention (diabetes or hypertension) ➤ Go For Bold Resources <ul style="list-style-type: none"> ○ Banners, scales, bags, wellness journals, and window clings available ❖ ACTION: If your organization needs support signing registrants up for the weight tracker please contact Kathleen.kelly@mertiushelth.com.

	<ul style="list-style-type: none"> ❖ ACTION: If you need Go for Bold supplies to help promote at your organization please contact Kathleen.kelly@meritushealth.com or Danielle.stahl@maryland.gov .
<p>HWC Dashboard</p>	<ul style="list-style-type: none"> ➤ FY24 Dashboard ➤ Obesity <ul style="list-style-type: none"> ○ # of registered users; FYTD: 6,004; FY24 Goal: 12,000 ○ # of community pounds lost; FYTD:92,121; FY24 Goal: 180,000 ➤ Behavioral Health <ul style="list-style-type: none"> ○ # of individuals served; FYTD: 135; FY24 Goal: 1,200 ○ % verified linked to treatment; FYTD: 61%; FY24 Goal: 75% ➤ Diabetes <ul style="list-style-type: none"> ○ DPP enrollment; FYTD 49; FY24 Goal: 363 ○ # of blood pressure screenings; FYTD: 142; FY24 Goal: 1,200 ➤ Health Equity <ul style="list-style-type: none"> ○ # non-English speaking persons linked; FYTD: 72; FY24 Goal: 500 ○ # mobile health primary care; FYTD: 24 ; FY24 Goal: 667 ➤ Wellness <ul style="list-style-type: none"> ○ # of participants in “DO” activities; FYTD: 388; FY24 Goal: 3,000 ○ \$ of healthy food distributed; FYTD: \$1,374; FY24 Goal: \$30,000
<p>HWC Subcommittee Updates</p>	<ul style="list-style-type: none"> ➤ Behavioral Health workgroup – LEAD: Curt Miller, Brook Lane; Getting next meeting scheduled; Mental Health First Aid being offered at Brook Lane Main Campus, classes are free; Planning candle light vigil for October; <ul style="list-style-type: none"> ○ Youth Mental Health First Aid training Oct 10, 2023 8:00 a.m. to 5:00 p.m., please visit: Youth Mental Health First Aid Brook Lane to register; ○ Adult Mental Health First Aid training September 27, 2023 8:00 a.m. – 5:00 p.m., to register please visit: Adult Mental Health First Aid Brook Lane; November 3, 2023 7:30 a.m. – 5:00 p.m., to register please visit Adult Mental Health First Aid Brook Lane; please contact Curt Miller with any questions regarding Mental Health First Aid or to be a part of the Behavioral Health workgroup at curt.miller@brooklane.org. ➤ Diabetes Action Plan workgroup – Beth Fields Dowdell, Meritus Health; beginning of August 50 individuals enrolled in DPP; classes include on-line and in-person; El-Eden health fair in June with 100 community members in attendance; Updating goals for the group based on the

	<p>Maryland diabetes action plan; two workgroups pre-diabetes and diabetes; if interested in joining please contact: Elizabeth.Dowdell@meritushealth.com</p> <ul style="list-style-type: none"> ➤ Healthy Business Challenge – Danielle Stahl, WCHD; The challenge ended June 30; Please return completed HBC forms to Joelle.Butler@maryland.gov.
<p>Community Updates / Events</p>	<ul style="list-style-type: none"> ➤ Washington Goes Purple events Sept – Oct.; please visit: Events for September 2023 (healthywashingtoncounty.com) ➤ NEW- Meritus Mental Health Walk-in Care and Substance Use Crisis Center in partnership with Brook Lane; <ul style="list-style-type: none"> ○ Mental Health Walk-in Care - provides immediate care for ages 6 and older for mild to moderate mental health symptoms; evaluations, brief stabilization, and follow up care; ○ Substance Use Crisis Center – provides immediate care for ages 18 and older; addiction or substance; crisis medical monitoring, relapse prevention, observation up to 72 hours, direct link to treatment services. ○ Location: Orange / Mental Wellness Entrance 11110 Medical Campus Rd. Hagerstown, MD 21742; Hours: Mon – Fri 9A – 6P, phone: 301-393-HELP (4357) ➤ Lisa McCoy; working with the EXCITE grant funded through the USDA and CDC; received new grant in June, to work with healthcare providers to address vaccine hesitancy through cultural competency and patient centered communication; would like to include other partners in the project; please reach out to lmccoy@umd.edu if interested. ➤ Walk Maryland Day, Wed Oct. 4 outside the Fit Room ➤ Save the Date - Safe Sleep Symposium, Oct. 27 Robinwood Professional Center, Suite 142, Registration at 8:30am., questions please contact Lindsay.ridenour@maryland.gov ➤ David Young, President of Robert Johnson Community Center; Sept 18, 11a -12p Free pregnancy and birth workshop at RJ Center; Sept. 21 5:30p – 6:30p ➤ Aspen Flook, community health dept; 3rd Tue of each month evening education series with different topics monthly; interested in presenting on a topic or being a vendor please contact aspen.flook@meritushealth.com

	<ul style="list-style-type: none"> ➤ Curt Miller; Brook Lane; Care giver resource fair Nov. 10 EM Tobias Family Center Atrium; for more information please visit: Caring for the Caregiver Resource Fair Brook Lane ➤ Joelle Butler, WCHD; new radio show Public Health Now on Tuesday mornings 9:30a – 10:00a with Lou Scally; if interested in learning more please contact: Joelle.butler@maryland.gov
<p>Next Meeting</p>	<p>Tuesday, November 7, 2023 10:00-11:30 am WebEx or In-Person at Robinwood Medical Center Suite 142 (parking in Blue or Silver), 11110 Medical Campus Rd, Hagerstown, MD 21742</p>
<p>Minutes Recorded by: Katie Kelly Meritus Health</p>	<ul style="list-style-type: none"> ❖ ACTION: Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl Danielle.stahl@maryland.gov or Allen Twigg Allen.Twigg@meritushealth.com. ❖ ACTION: To make corrections to the minutes; please email Kathleen.kelly@meritushealth.com