

## Catalog of Electronic Newsletter Articles

	Topic	Key Words	Key Word	Key Word	Key Word	Month	# of Words	Updated	Source
1	Advanced Directives	Advance Directives	Living Will	Aging		November	458	4/10/10	JH
2	Asthma	Asthma	Respiratory			May	630	4/10/10	JH
3	Angina	Angina	Heart	Blood Pressure		February, May	603	4/10/10	JH
4	Antioxidants	Antioxidants	Nutrition				646	4/10/10	JH
5	Bipolar Disorder	Bipolar	Manic Depressive	Mental Health		May	581	4/10/10	JH
6	Breast Cancer	Breast	Cancer	Women's Health		May, October	777	4/10/10	JH
7	Cataracts	Cataracts	Vision	Eye Care		January, August	470	4/10/10	JH
8	Cholesterol	Cholesterol	Heart	Blood Pressure		January, March, May	708	4/10/10	JH
9	Chronic Stress	Stress	Anxiety	Mental Health			644	4/10/10	JH
10	Cold Sore	Cold Sore	Lips	Herpes			669	4/27/10	JH
11	Communication with Your Doctor	Communication	Doctor			October	548	4/27/10	JH
12	Constipation	Constipation	Bowel	GI			680	4/27/10	JH
13	Dental Health	Dental Health	Oral Health	Teeth		October	683	4/27/10	JH
14	Depression	Depression	Mental Health			May, October	582	4/27/10	JH
15	GERD	Gastric Reflux	Heart Burn	GI		November	757	4/27/10	JH
16	Glaucoma	Glaucoma	Eyes	Vision		January	487	6/16/10	JH
17	Hand Washing	Hand Washing	Infection Control			December	592	4/27/10	JH
18	Hernia	Hernia	Groin	Inguinal			577	6/16/10	JH
19	Hypertension	Hypertension	Blood Pressure	Heart		February, May	573	6/16/10	JH
20	I.C.E (In Case of Emergency)		Emergency	Cell Phone			480	6/16/10	JH
21	Nose Bleeds and Hiccups	Nose Bleeds	Hiccups	Kids			546	6/16/10	JH
22	Restless Leg Syndrome	Restless Leg Syndrome					527	6/16/10	JH
23	Safe Snow Shoveling	Shoveling	Snow	Winter		Dec, Jan, Feb	584	6/16/10	JH
24	Shingles Vaccine	Shingles	Vaccine	Herpes			585	6/16/10	JH
25	Sleep Apnea	Sleep	Sleep Apnea	Snoring		March	587	6/16/10	JH
26	Your Hospital Stay	Hospital	Admission	Surgery			627	6/16/10	JH
27	Kidneys	Kidneys	CKD			March	325	6/23/10	AH
28	Child Abuse Prevention	Child Abuse	Emotional Abuse	Parenting		April	506	6/23/10	AH
29	How to Reduce Your Risk of Stroke		Hypertension	Stroke		May	285	6/23/10	AH
30	Heatstroke	Heat Exhaustion	Summer	Heatstroke		Summer	271	6/23/10	WR
31	Importance of Kids Eating Breakfast		School	Nutrition	Kids	September	215	6/23/10	WR
32	Trick or Teeth	Dental Health	Kids	Halloween		October	325	6/23/10	WR
33	Food that Makes You Go 2	Food and Sleep	Nutrition	Thanksgiving	Insomnia	November	283		WR
34	New Year's Resolution for Resolutions		Kids	New Year		January, August	514	12/10/10	
35	Family	Family	New Year			January	285	12/10/10	IPNRC-1

36	Sleep	Sleep			February	372	12/10/10	IPNRC-1	
37	Brain Injury	Brain Injury			March	485	12/10/10	IPNRC-1	
38	Allergies	Allergies	Spring		April	349	12/10/10	IPNRC-1	
39	Women's Health	Women's Health	Self-Care	Women	May	384	12/10/10	IPNRC-1	
40	Men's Health	Men's Health	Men		June	430	12/10/10	IPNRC-1	
41	Heat Exhaustion/Sunstroke	Heat Exhaustion	Heat Stroke	Summer	July	374	12/10/10	IPNRC-1	
42	Gender Differences in Me	Gender Differences	Medical Treatment	Men vs. Women	August	385	12/10/10	IPNRC-1	
43	Mental Health	Mental Health	Depression		September	370	12/10/10	IPNRC-1	
44	Medications	Medications	Drugs		October	419	12/10/10	IPNRC-1	
45	Organ Donation	Organ Donation			November	468	12/10/10	IPNRC-1	
46	Holiday Gifts & Traditions	Holiday Gifts	Christmas	Winter	December	392	12/10/10	IPNRC-1	
47	A Year of Good Health	Good Health	New Year	Resolutions	January	445	12/10/10	IPNRC-2	
48	Women & Heart Disease	Women & Heart Disease	Women's Health	Heart Disease	February	386	12/10/10	IPNRC-2	
49	Disabilities	Disabilities	Inclusion		March	410	12/10/10	IPNRC-2	
50	Gardening	Gardening	Creation	Spring	April	412	12/10/10	IPNRC-2	
51	Summer Safety	Summer Safety	Summer	Safety	May	402	12/10/10	IPNRC-2	
52	Vision	Vision	Cataracts	Eye Care	June	465	12/10/10	IPNRC-2	
53	Water	Water	Dehydration		July	460	12/10/10	IPNRC-2	
54	Life Transitions	Life Transitions	Change	Resiliency	August	407	12/10/10	IPNRC-2	
55	Hearing	Hearing	Deafness		September	481	12/10/10	IPNRC-2	
56	Dental	Dental	Teeth		October	408	12/10/10	IPNRC-2	
57	Cold vs. Flu	Cold	Flu	Fall	November	379	12/10/10	IPNRC-2	
58	Holiday Blues & Stress	Holiday Blues	Holiday Stress	Christmas	Winter	December	463	12/10/10	IPNRC-2
59	Osteoporosis							TM	
60	Diabetes - 3 tests	Diabetes	HgA1c					TM	
61	10 Dirtiest Foods	Food Poisoning						TM	
62	Winter Dryness	Skin	Winter	Dryness	January/February	456		on-line	
63	Heart Stressors	Heart	Stress		February	461		TM	