Wendy Z’s List for Local and National Resources for Parish Nurses

Health and Wellness Newsletters

* Grief Watch Newsletter: <https://griefwatch.com/pages/newsletter>
* Center for Spirituality, Theology, and Health at Duke University (newsletter + webinars): <https://spiritualityandhealth.duke.edu/>
* UCC Wellness Ministries: <Https://www.ucc.org>
* Nurses Christian Fellowship: <https://ncf-jcn.org/resources/ncf-connections>
* NIH Wellness Monthly Newsletters: <https://newsinhealth.nih.gov/>
* Cleveland Clinic Health Essentials Newsletter: [healthessentials@ccf.org](mailto:healthessentials@ccf.org)
* Mayo Clinic Newsletter: [news@services.mayoclinic.org](mailto:news@services.mayoclinic.org) or <https://links.e.response.mayoclinic.org/preferencecenter>
* Dr. Eileen O’Grady, PhD, RN, NP (newsletter and wellness pearls): <https://www.eileenogrady.net/wellness-pearls/>
* Tufts Health and Nutrition E-Newsletter: <https://www.nutritionletter.tufts.edu/register/>

Community Resources

* Hagerstown Area Religious Council – Kathy Powderly: [director@harccoalition.org](mailto:director@harccoalition.org)
* Brook Lane – Curt Miller – [curt.miller@brooklane.org](mailto:curt.miller@brooklane.org)
* Narcan Education, Replacement doses: Washington County Health Dept., Kari Farrow: [kari.farrow@maryland.gov](mailto:kari.farrow@maryland.gov) or Holly Luther: [Holly.luther@maryland.gov](mailto:Holly.luther@maryland.gov)
* CPR Training:
  + Cheree Ware: Chucks Heart 2 Heart CPR and First Aid, [wareca52@gmail.com](mailto:wareca52@gmail.com)
  + Hagerstown Community College: <https://www.hagerstowncc.edu/coned/areas/nursing/basic-life-support/courses>
* Commission on Aging: <https://www.wccoaging.org/> (join our mailing list)

Regional Networks Supporting Parish Nursing

* Winchester Medical Center, VA – Deb Saunders: [dsaunder@valleyhealthlink.com](mailto:dsaunder@valleyhealthlink.com)
* Holy Cross – Position is currently vacant
* Wesley Theological Seminary (Health Ministry) - Tom Pruski: [tpruski@wesleyseminary.edu](mailto:tpruski@wesleyseminary.edu)

National Networks for Parish Nurses

* Westberg Institute for Faith Community Nursing (our national organization)

<https://www.westberginstitute.org>

* Communication Platform for FCNs nationally and internationally
  + <https://www.westberginstitute.org/community>
    - Click “join our community”
* Health Ministry Association (HMA-membership organization): <https://hmassoc.org/>
* Parish Nurse Coalition, Greater Lehigh Valley – Deb Bartholomew: [Deborah.Bartholomew@fluhn.org](mailto:Deborah.Bartholomew@fluhn.org)
* Pittsburg Mercy: [ParishNurse@pittsburghmercy.org](mailto:ParishNurse@pittsburghmercy.org)
  + Bay Care Florida - Laura Stilwell: [Laura.Stilwell@BayCare.org](mailto:Laura.Stilwell@BayCare.org)
* Ministries Network Pacific North West (WA state) – Sarah Lane: [director@healthministriesnetwork.net](mailto:director@healthministriesnetwork.net)

Devotional/Spiritual E-Newsletters

* Living Compass (Lenten/Advent Devotionals): <https://www.livingcompass.org/>
* Joyce Rupp: <https://joycerupp.com/>
* Duke Divinity School-Daily News Headlines about Church and the World: <https://faithandleadership.com/news-ideas>
* Journal of Christian Nursing blog and resources: <https://ncf-jcn.org/>

Other Nursing Resources

* American Nurses Association (updates and free webinars): <https://magnetmail.net/actions/subscription>
* Free Cancer Resources: Cancer Compaionhttps://www.cancercompanion.org/free-downloads