



Healthy Washington County MINUTES

Healthy Washington County Minutes	
Date & Time	May 7, 2024 10:00 am – 11:30 am
Location	Webex or Washington County Health Dept, WIC, 947 N. Burhans Blvd, Hagerstown, MD
Facilitators	Danielle Stahl, WCHD & Allen Twigg, Meritus Health – Co-Chairs
Attendees	Allen Twigg; Danielle Stahl; Beth Fields Dowdell; Lindsay Ridenour; Milly Lewis; Lindsey Staebler; Chip Wood; Amie Muraski; Earl Stoner; Tammy Brinkley; Brooke Kerbs; Amanda Petersen; Susan Stewart; Janis Williamson; Ursula Guillory; Alison Lady; Ethan Feldmiller;; Buck Browning; Jen Thomas; Lorena de Leon; Jodi Ramsey; Curt Miller; Aspen Flook; Rebecca Buffington; Julie Teter; Dara Holloman; Stephani Frisby; Jared Blakeslee; Melissa Dasch; Amy Olack; Lisa Lundquist; Lacey Head; Ella Ciprian Reyes; Kelli Tencer; Kate Younkins; Binta Toure; Vicki Sterling; Bernadette Wagner; Joelle Butler; Barbara Williams; Carrie Johnson; Courtney Porter; Donna Jones; Jennifer Childs; Maulik Joshi; Sarah Buson; Tara Wetherell; Amy Riley; Abby Sullivan; Ashley Petrolino; Chante Richardson; Joni Rampolia
Guest	Arleen Shuster (WIC)
*If you attended this meeting and <u>not</u> listed above please email elizabethdowdell@meritushealth.com	

Topics	
Welcome / 3 Good Things	<ul style="list-style-type: none"> ➤ Members discussed good things happening
Minute Review	<ul style="list-style-type: none"> ➤ Minutes were dispersed via email, no edits noted. Approved as written.
WIC	<ul style="list-style-type: none"> ➤ Arleen Shuster went over what services WIC (Women, Infants and Children) offers ➤ They no longer offer educational classes ➤ For more information please visit: https://washcohealth.org/wchd-programs/wic/
Community Health Needs Assessment (CHNA)	<ul style="list-style-type: none"> ➤ Described what the goals of the CHNA are and how we gather the data <ul style="list-style-type: none"> ○ To determine health needs ○ Use surveys, focus groups ➤ Will have 4 subcommittees (volunteers needed) <ul style="list-style-type: none"> ○ CHNA Lead Committee ○ Surveys and Focus Groups ○ Data Review ○ Health Improvement Plan



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	<ul style="list-style-type: none"> ❖ ACTION: If you are interested in volunteering for one of the subcommittees, please contact Danielle Stahl, Danielle.Stahl@maryland.gov
<p>HWC Dashboard</p>	<ul style="list-style-type: none"> ➤ FY24 Dashboard ➤ Obesity <ul style="list-style-type: none"> ○ # of registered users; FY24 Goal: 12,000; FY24 YTD: 7,048 ○ # of community pounds lost; FY24 Goal: 180,000; FY24 YTD: 129,105 ➤ Behavioral Health <ul style="list-style-type: none"> ○ # of persons diverted from ED; FY24 Goal: 1,200; FY24 YTD: 1,539 ○ % verified linked to treatment; FY24 Goal: 75%; FY24 YTD: 69% ➤ Diabetes <ul style="list-style-type: none"> ○ # engaged with DPP; FY24 Goal: 363; FY24 YTD: 200 ○ # of blood pressure screenings; FY24 Goal: 1,200 FY24 YTD: 1,367 ➤ Health Equity <ul style="list-style-type: none"> ○ # non-English speaking persons linked; FY24 Goal: 500; FY24 YTD: 693 ○ # mobile health primary care; FY24 Goal: 667; FY24 YTD: 807 ➤ Wellness <ul style="list-style-type: none"> ○ # of participants in “DO” activities; FY24 Goal: 3,000; FY24 YTD: 2,481 ○ \$ of healthy food distributed; FY24 Goal: \$50,000; FY24 YTD: \$52,376
<p>Go for Bold - Lose 1 Million Pounds Update</p>	<ul style="list-style-type: none"> ➤ FY24 Goals <ul style="list-style-type: none"> ○ 200,000 lbs lost ○ 12,000 registered users ❖ ACTION: If your organization needs support signing registrants up for the weight tracker at health events, please contact Danielle.Stahl@maryland.gov . ❖ ACTION: If you need a banner or scale to promote Go For Bold at your organization please contact Danielle.stahl@maryland.gov .
<p>HWC Subcommittee Updates</p>	<ul style="list-style-type: none"> ➤ Behavioral Health workgroup – LEAD: Curt Miller, Brook Lane

	<ul style="list-style-type: none"> ● Walk-in clinic at Meritus is under-utilized; need to bring more awareness to community ● Let community know about 988 resources ● Planning candlelight vigil for October 6 as part of Mental Health Awareness Week ➤ Diabetes Action Plan workgroup – Beth Fields Dowdell, Meritus Health ● 3 DPP classes offered in-person, online and zoom through Meritus and WCHD in June ● At last meeting, Lorena shared population health projects at MPC (Maryland Physicians Care) ● Want to add education aspect to meetings ● Looking for new members. If interested in joining please contact: Elizabeth.Dowdell@meritushealth.com ➤ Health Disparities – Stephani Frisby, WCHD ● Joining NIH Fair Lab Project which includes social disadvantages pilot phases <ul style="list-style-type: none"> ○ Will have focus groups; more info to come ● Have two focus areas: breast cancer and prostate cancer
<p>Community Updates</p>	<ul style="list-style-type: none"> ➤ WCHD <ul style="list-style-type: none"> ○ Stop the Bleed training: Contact Jared Blakeslee to set up (Jared.Blakeslee@maryland.gov or 240-313-3410) ○ Public Health Now radio show is looking for speakers. Be mindful that the listening audience tends to be 55+ years old. Contact Joelle Butler if you want to be a speaker (Joelle.Butler@maryland.gov or 240-313-3355) ➤ Arc of Washington County <ul style="list-style-type: none"> ○ Employee Health Fair, Friday June 21 ➤ AHEC West <ul style="list-style-type: none"> ○ Pathways for Bright Futures: encourages high schoolers to go into dental careers



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	<ul style="list-style-type: none"> ➤ Brooklane ○ Mental Health First Aid on June 6. Contact Curt Miller to register (Curt.Miller@booklane.org) ○ June 25: continuing education on Emergency Petition process at Robinwood. 2 CEU's available. Contact Curt Miller to register (Curt.Miller@booklane.org)
CHNA meeting	Tuesday, August 6, Time TBD, Virtual (Link will be sent out closer to date)
Next Meeting	Tuesday, September 10, 2024 10:00-11:30 am WebEx or In-Person at the Robinwood Professional Center Suite 122A , 11110 Medical Campus Rd. Hagerstown, MD 21742. (parking in Blue or Silver entrance)
Minutes Recorded by: Katie Kelly Meritus Health	<ul style="list-style-type: none"> ❖ ACTION: Please send requests for presentation or agenda items to Co-Chairs: Danielle Stahl Danielle.stahl@maryland.gov or Allen Twigg Allen.Twigg@meritushealth.com. ❖ ACTION: To make corrections to the minutes; please email Kathleen.kelly@meritushealth.com